

# **PRO-AIR**

## **Medical Supply & Equipment**

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### **General Guidelines to Compliancy**

Most insurance companies will rent your sleep apnea equipment instead of purchasing it. Depending on what insurance you have will determine the length of rental. Your respiratory technician will review this with you and it is outlined below.

**Insurance carrier** \_\_\_\_\_ **Length of rental** \_\_\_\_\_

Pro-Air Medical Supply & Equipment must provide documentation to your insurance carrier that proves you have been using your sleep apnea device as prescribed. This is usually a 2 part process.

1. The standard most insurance companies follow is...**usage be 4 hours a night for 30 consecutive days, 70% of the time.** What that means is that **within the 30 consecutive days, 21 days must be used a minimum of 4 hours.** A report will be generated and sent to your doctor for review.

**Patients should follow a strict sleep hygiene that is recommended by their physician. It is recommended to get adequate sleep for at least 7 hours at night and use their CPAP/BiPAP on a regular basis.**

2. A follow up appointment with your doctor to discuss the benefits of sleep apnea therapy (i.e. reduction in blood pressure, decreased daytime sleepiness, improved cognitive function just to name a few). Your doctor will understand what it is your insurance company is looking for. **Please schedule your follow-up appointment 6 weeks after your set-up date.** The exception for this is if you had your sleep study done at Sound aSleep Sleep Lab. The doctor for this lab will provide you with your follow up appointment.

#### **STEPS 1 AND 2 MUST BE DONE WITHIN 90 DAYS**

#### **What happens if I do not meet compliancy?**

If you have not met your insurance requirements, a pick-up for your machine may be issued and you may need to start the process all over again. This could include an appointment with your doctor, repeat sleep study, another 90 days to prove compliancy with a follow up visit to your doctor.

**If your insurance carrier denies payment because of any reason (including compliancy related reasons), you will be held responsible for uncollected payment unless the equipment is returned to Pro-Air.**